



# Weekly Safety Tip

Courtesy of R. Scott Goodwin, [SSOE, Inc.](#)

The first week of May is the National Fall Prevention Stand Down and is a great way for everyone to communicate to their teams about Fall Protection and Fall Prevention. For Safety’s Sake, Do Something and prevent falls!! This week, we are looking at information about Falls and educating workers about the National Stand Down.

Safety always is ALWAYS!

May 6, 2019

  
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## “For Safety’s Sake - Do Something”

SSOE GROUP IS A PROJECT DELIVERY FIRM FOR ARCHITECTURE, ENGINEERING, AND CONSTRUCTION MANAGEMENT.

## Fall Prevention - National Safety Stand Down



Fatalities caused by falls from elevation continue to be a leading cause of death for construction employees, accounting for 366 of the 971 construction fatalities recorded in 2017 [BLS data]. Those deaths were preventable.

### Types of Fall Situations

- Roof edges, roof and floor openings, structural steel and leading edges.** Roofing falls are the leading cause of roofing injuries and fatalities. Roofing, siding, and sheet metal work have the highest rate of occupational injuries and illnesses for a non-manufacturing industry.
- Improper Scaffold Construction.** Falls from improperly constructed scaffolds can result in injuries ranging from sprains to death. Guardrails or personal fall arrest systems for fall prevention/protection are required for workers on platforms 10 feet or higher.
- Unsafe Portable Ladders.** You risk falling if a portable ladder is not safely positioned. While you are on a ladder, it may move and slip from its supports. You can also lose your balance while getting on or off an unsteady ladder. Falls from ladders can cause injuries ranging from sprains to death.

### Fall Prevention / Fall Protection

- Plan ahead.
- Train everyone to use equipment safely.
- Understand your company’s written fall protection plan.
- Inspect fall protection equipment and devices before each use.
- Use fall protection equipment that is right for the task, fits properly, and is in good condition.
- Make sure that floor holes, open shafts, and riser penetrations are protected by sturdy guardrails or covers.
- Contact your supervisor if you see fall hazards or have questions about fall prevention.

**Do not work until unsafe conditions have been corrected!**

### Join the National Safety Stand Down May 6 -10

The National Fall Prevention Stand-Down raises fall hazard awareness across the country in an effort to stop fall fatalities and injuries.

For more information on how to participate, please visit: <https://www.osha.gov/StopFallsStandDown/>



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